

## Southwest Region Training

Monthly training announcements for currently licensed foster parents

### Parenting Tip of the Month

Attachment is not just for children.

Consider how your own attachment history impacts your reaction to children.

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When using [www.fosterclub.com](http://www.fosterclub.com) website to obtain up to 2 hrs of in-service training, please remember to put your trainer's email ([cliff.farnsworth@utahfostercare.org](mailto:cliff.farnsworth@utahfostercare.org)) as a second email (after you take the quiz)!



### Foundations for Youth

Foster parents must help youth build a solid foundation upon which they can more easily make the transition to living independently.

This is a four-part series that is required for all foster parents serving youth fourteen years of age and older.

Call Cliff if you are interested in this training.

Division of Child and Family Services  
359 E. Riverside Drive  
St. George, UT  
Sponsored by the St. George Cluster

### Insight: The Whole Team

Insight: The Whole Team is a panel of foster parents with their children & a panel of caseworkers. Dinner will be served at 5:00 pm that will include a small group discussion during dinner. You can earn 3-5 hours of in-service training by attending Insight! Childcare will be provided by the Family Support Center.

• August 18th, 2010; 3:00pm - 8:00pm sponsored by the Cedar/Beaver Cluster.  
Location: Iron County School District Office.  
Please call the Family Support Center to RSVP for your children.

• August 25th, 2010; 3:00pm - 8:00 pm sponsored by the St. George Cluster.  
Location: St. George DCFS Office.

### To Register For Classes:

**Contact:**

Cliff Farnsworth  
Southwest Region Trainer

**Phone:**

435.656.8065

**Email:**

[cliff.farnsworth@utahfostercare.org](mailto:cliff.farnsworth@utahfostercare.org)

**Toll Free:**

877.656.8065

Please be ready with your name, phone number & the title of the class you would like to be registered for.

### Notes on In-Service Trainings:

- Classes are for licensed foster parents ONLY
- Training hours will be applied to re-licensing requirements
- Primary caregivers are required to attend 12+ hours of in-service training per year
- Secondary caregivers are required to attend 4+ hours of in-service training per year
- ADULTS ONLY unless otherwise specified
- Classes start on time
- You must attend the entire class to receive credit

### Director of Education Mick Woolsey, LCSW

**Phone:** 435.229.8808

**Email:** [mick.woolsey@utahfostercare.org](mailto:mick.woolsey@utahfostercare.org)

### Training Tips:

- **Approved Trainings-** In-service trainings provided and approved by Utah Foster Care Foundation.
- **Foundations for Youth-** FFY is required for families caring for youth 14 and up.
- **Community & Partner Trainings-** Call your regional trainer for approval prior to attending a class or conference that is held within the community and is not a pre-approved training.

#### IMPORTANT:

TO REGISTER FOR A TRAINING THAT IS CLUSTER-SPONSORED, YOU MUST CALL YOUR AREA CLUSTER FACILITATOR.

- **Approved On-line Training-** Families may visit the web site: [www.fosterclub.com](http://www.fosterclub.com) for up to 2 hours of online training per year.
- **Peer Parent Training and Resource Family Consultant (RFC) Training-** 6 hours each per year may be used toward licensure. RFC Training must be provided by DCFS RFCs.

#### REMINDER:

Family team meetings do not count toward in-service training hours.

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### Upcoming In-Service Trainings

July 13th	July 14th	July 20th
<p>7pm-9pm St. George DCFS Admin. 359 E. Riverside Dr.</p> <p><b>Allegation Prevention</b></p> <p>Presented by Cliff Farnsworth, CSW</p> <p>We will talk about how to prevent allegations as well as how to respond when one occurs.</p> <p><i>Sponsored by the St. George Cluster</i></p>	<p>7pm-9pm Amy's Home</p> <p><b>The Relationship Factor</b></p> <p>Presented by Rick Clements</p> <p>Training will teach you how to better connect emotionally with children in care.</p> <p><i>Sponsored by the Cedar Cluster</i></p>	<p>6:30pm-8:30pm Richfield DCFS 201 E. 500 N.</p> <p><b>Allegation Prevention</b></p> <p>Presented by Cliff Farnsworth, CSW</p> <p>We will talk about how to prevent allegations as well as how to respond when one occurs. (Light Dinner)</p> <p><i>Sponsored by the Richfield/Manti Clusters</i></p>
August 11th	August 18th	September 2010
<p>6:30pm - 8:30pm Nancy's House</p> <p><b>ADHD</b></p> <p>Presented by Cliff Farnsworth, CSW</p> <p>Learn what ADHD is and is not. Parenting children with ADHD tips will be given.</p> <p><i>Sponsored by the Manti Cluster</i></p>	<p>6:30pm-8:30pm Richfield DCFS 201 E. 500 N.</p> <p><b>Healthy Eating/Canning</b></p> <p>Presented by USU Extension Service</p> <p>Come learn how to take better care of yourself by eating healthy. (Dinner served)</p> <p><i>Sponsored by the Richfield Cluster</i></p>	<p><b>Color Code</b></p> <p>Presented by Brian Young</p> <p>Brian will be traveling to St. George and Cedar City to present this valuable training.</p> <p>Mark your calendar!</p> <p>St. George: 9/17/2010 Cedar: 9/18/2010</p>